

HOLIDAY KINDNESS CALENDAR



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				November 26 THANKSGIVING	27 Text someone that you haven't texted in a while to tell them they are missed and loved.	28 Small Business Saturday Support one (or many!) small businesses in your community.
29 Tag Team - perform an act of kindness with someone else in your household.	30 Make a thank you card for a teacher/education professional.	December 1 Start collecting loose change and at the end of the month donate it to a charity.	2 Share your favorite recipe! Then donate 3 items to a food pantry.	3 Send a card to a soldier.	4 Be especially kind to the clerk at the store.	5 Write an encouraging note or draw a picture in chalk on the sidewalk. Post a picture to our Facebook or Instagram.
6 Buy the meal of the person behind you at the drive thru.	7 Donate to or share posts from your favorite artist or arts organization. (Singers, sculptors, painters, community theatres, galleries)	8 Think of a way to bless local first responders. Get creative!	9 Offer to run errands for someone who is homebound and/or immunocompromised.	10 Spend 30 minutes or more writing, drawing, singing, or playing an instrument.	11 Compliment 5 people. (Even better if they aren't people you know.)	12 Love YOURSELF today. Do something you enjoy.
13 Share a social media post from your favorite local businesses.	14 Leave a thank you note for your postal worker or delivery driver.	15 Cook a meal or buy a restaurant gift card and give it to someone who works in health care.	16 Tell us about a song, book, or movie that makes you happy!	17 Write a note to a resident or worker at a nursing home.	18 Shut your phone off for at least an hour. Be present in the moment.	19 Make someone laugh today.
20 Leave a small gift for a neighbor and don't sign the card.	21 Tip as generously as you are able.	22 Donate 3 items to a clothing charity.	23 Call - actually call - two friends or relatives.	24 Pause and be mindful of your blessings.	25 CHRISTMAS	